Vow to Take Refuge

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Vow to take refuge, with the Kind Mentor

Free and easy, exists everywhere, everywhere

Your figure is so at easy

Your obedience is so··· free

You are an uninvited mentor

You are the embodiment of all the Buddhas

the embodiment of all the Buddhas





Vow to take refuge, with the kind mentor

Response actively by the Conditions, by the Conditions

You are in the appropriate body,

Appear in the Five Turbidities

You immerse yourself in the practice of Compassion

Nourishing the sprouting roots of goodness

Growing flowers and fruits

Ahh… vow to take refuge

Ahh... with the kind mentor, Śākya-muni